

How to apply

Access to the group is via application. You can either print off a copy from our website, complete it and return to Drug Concern by post. Alternatively you can phone us and we can send one out to you in the post.

What happens next?

Once we have received your application form we contact you and arrange a time to meet you to discuss your application and answer any questions you may have

Contact details

Tel: 01481 729000

E-mail: info@drugconcern.org

www.drugconcern.org



drug concern
working for change

Drug Concern
The Annexe, St Julian's House,
Vauxlaurens, St Peter Port,
Guernsey, GY1 1GP

REACH

Recovery

Education

Advice

Care

Hope



**A peer-support programme
for adults, parents and
carers affected by
someone else's substance
misuse or addiction**

What is REACH?

REACH is a confidential five session programme which provides support to adults, parents, and carers who are being personally affected by someone else's substance use or addiction, (substance refers to alcohol or drugs).

The sessions

The sessions aim to provide a safe and confidential environment for people to:

- » Access support and support others
- » Talk about their situations in confidence
- » Reduce suffering and isolation
- » Gain an understanding of what addiction is
- » Look at how their lives are being affected by substance use
- » Explore alternative ways of managing and coping

How much does it cost?

The sessions are **free** and the group size is limited to a maximum of 6 people. If you are over 18 and being personally affected by someone else's substance misuse or addiction, this programme is for you.

Programme dates and times

We understand that people have busy lives, and as much as possible we try to be flexible to accommodate needs. The application forms asks for your preference of afternoon or early evening sessions and once we have a minimum of three persons for either session we will run a group.

Once a group has been confirmed we will confirm the venue the programme will operate from.

We do not use Drug Concern premises to run the REACH programme.

Sessions last for 2 hours with a coffee break in between.



Recovery, Education, Advice, Care, Hope